FIFA
For the Game. For the World.

TO THE MEMBERS OF FIFA

Circular no. 1195

Zurich, 20 July 2009
SG/lvi/kgr/dv

FIFA Medical Network Conference 2009 – Zurich, 17-18 October 2009

Dear Sir or Madam,

We are delighted to officially invite you to the FIFA Medical Network Conference 2009. On the initiative of the FIFA President and the chairman of the FIFA Medical Committee, Dr Michel D'Hooghe, and following the announcement and presentation of the "Football for Health" programme by Prof. Jiri Dvorak, FIFA Chief Medical Officer, at the FIFA Congress 2009 in the Bahamas, we now present you with the programme and organisational details of this unique event.

FIFA strongly believes that protecting the health of players at all levels of play, preventing injuries and sudden cardiac death, and improving standards of care and prevention are indispensable parts of our responsibility as football governing bodies. With the "Football for Health" programme, we can take this a step further to create a better future for societies and communities worldwide.

The FIFA Medical Network Conference aims to bring decision-making executives together with the physicians who have the expertise to implement this strategic plan. You may look forward to an inspiring and stimulating event, which will not only demonstrate to you the benefits of football medicine for your association, but also suggest ways to implement this important part of your national health care programme.

1. Venue and date
   The FIFA Medical Network Conference 2009 will take place in Zurich, Switzerland on 17-18 October 2009.

   Outline programme:

16 October	Arrival of participants
17 October	1st day of FIFA Medical Network Conference 2009
18 October	2nd day of FIFA Medical Network Conference 2009
18 October	Departure of MA Presidents/ Secretary Generals
19 October	Departure of medical representatives

Fédération Internationale de Football Association
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2. Participants

Two persons per member association:

- President or Secretary General (1 person); participates in first day and morning of the second day of the FIFA Medical Network Conference 2009;
- Chairman of Medical Committee or the physician/person in charge of medical matters within your association (1 person); participates in both days of the FIFA Medical Network Conference 2009. Please note that the workshops on the second day will be held in English (no interpreting).

Unfortunately, due to capacity reasons, ***it will not be possible*** to issue any additional accreditations.

3. Conference objectives

- To demonstrate the benefits for member associations when implementing football medicine in their national programmes;
- To present the most important pillars in effectively protecting players' health, improving standards of care, educating and training players, coaches, managers and physicians;
- To illustrate the unique potential of football as a tool in public health and prevention;
- To give practical advice on the implementation of programmes, required expertise, infrastructure etc.

4. Registration

As with recent FIFA Congresses, registration for the FIFA Medical Network Conference 2009 will be conducted online.

Please inform us by ***Friday, 24 July 2009*** if your association's main e-mail address is different to the one indicated in the enclosure. By the end of July, an e-mail will be sent to this address containing the information you will require to complete the internet registration form.

5. Travel arrangements

FIFA Travel GmbH will arrange travel to Zurich for all participants attending the FIFA Medical Network Conference 2009. After your registration FIFA Travel GmbH will contact you and issue the relevant travel documents.

If participants wish to arrange their travel individually, FIFA ***will not be able to bear the cost*** of the flights.

6. Visas

During the registration process you will receive further details about visa formalities to enter Switzerland. The visa processing time will take up to 4 weeks, we therefore suggest that you ***apply for your visa well in advance***.

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7. Accommodation
Participants will be accommodated in either the Renaissance hotel or the Swissôtel:

Renaissance Zurich Hotel
Thurgauerstrasse 101
CH-8152 Zurich-Glattpark
Switzerland
Tel.: +41 44 874 5600
www.renaissancehotels.com

Swissôtel Zurich
Am Marktplatz Oerlikon
Schulstrasse 44
CH-8050 Zurich
Switzerland
Tel.: +41 44 317 3111
www.swissotel-zurich.com

The details will be confirmed in due course.

8. Financial arrangements
FIFA will cover the following costs:
- International travel in economy class
- Accommodation and meals on conference days
- Local transportation

9. Contact information

You are welcome to direct any questions to the conference organisation team, Lukas Vieli, fifamedical2009@fifa.org or +41 43 222 7777.

We would like to stress the importance FIFA attaches to this event and trust you will not miss this unique opportunity to learn about effective ways to protect your nation's player potential, develop the game and create a better future. We very much look forward to seeing you in Zurich and extend our very best wishes to you in the meantime.

FEDERATION INTERNATIONALE
DE FOOTBALL ASSOCIATION

Jérôme Valcke
Secretary General

cc: FIFA Executive Committee
Confederations

encl: draft programme
e-mail list

FIFA MEDICAL NETWORK CONFERENCE
ZURICH, 17 AND 18 OCTOBER 2009

Saturday, 17 October 2009

Time	Subject
09.10-09.30	**Welcome/Opening**
09.30-10.00	**For the Game ...** **Medicine for Football - "Develop the game"**
10.00-10.45	**The most important kick of my life** How to prevent **contact injuries**? Rule changes
10.45-11.15	*Coffee and tea break*
11.15-12.00	**Prevention is better than cure** How to prevent **non-contact injuries**? Exercise-based programmes
12.00-13.00	*Lunch break*
13.00-13.30	**Heart of the matter** How to prevent sudden cardiac death? Pre-Competition Medical Assessment (PCMA)
13.30-14.30	**Fair play – from a medical perspective/the bigger picture** Playing football in the heat Age determination Ramadan and playing New strategies in the fight against doping in football
14.30-15.00	**Working together – "Touch the world"** How to disseminate knowledge
15.00-15.30	*Coffee and tea break*
15.30-16.30	**For the World – Football for Health**
16.30-17.00	**Conclusion: "Build a better future"** The need for national medical committees

All sessions moderated by Dr Michel D'Hooghe and Prof. Jiri Dvorak
All sessions end with Q&A from audience.

Sunday, 18 October 2009 – Plenary session for executives

	Plenary session
09.00-12.00	**How to implement football medicine in national programmes** • Importance of national medical committees, how to find the best physicians • Implementation of PCMA prior to competition • PCMA implementation in MAs • National implementation of "The 11" – lessons learned • How to implement "The 11+" • Medical Centres of Excellence and MAs

Sunday, 18 October 2009 – Instructional workshops for physicians

	Workshop I	**Workshop II**	**Workshop III**	**Workshop IV**
09.00-10.30	PCMA Pellicia/Schmied Pallaviccini	"The 11+" Injury prevention Bizzini Edwards	Anti-doping Zerguini Hesse	Emergency football medicine Constantinou, Motaung, Kramer
11.00-12.30	PCMA Pellicia/Schmied Al-Rhiami	"The 11+" Injury prevention Bizzini Madero	Anti-doping Singh Hesse	Emergency football medicine Constantinou, Motaung, Kramer
14.00-15.30	PCMA Pellicia/Schmied Aoki	"The 11+" Injury prevention Bizzini Zerguini	Anti-doping Graf-Baumann Hesse	Emergency football medicine Constantinou, Motaung, Kramer
16.00-17.30	PCMA Pellicia/Schmied P. D'Hooghe	"The 11+" Injury prevention Bizzini Babwah	Anti-doping Madero Hesse	Emergency football medicine Constantinou, Motaung, Kramer

Workshop I	**Pre-Competition Medical Assessment.** Identifying risk factors prior to participation in football/competitions with the football-specific F-MARC PCMA form, focusing on cardiac risk assessment.
Workshop II	**"The 11+: a complete warm-up to prevent injuries".** The new F-MARC injury prevention programme reduces injuries in general by almost a half and severe injuries by a third. Physicians need to promote the implementation of a structured warm-up.
Workshop III	**Anti-doping.** Doping control in- and out-of-competition with sample collection procedure, implications of the World Anti-Doping Code and result management.
Workshop IV	**Emergency football medicine.** A complete programme for member associations and LOCs to prepare their medical staff for matches and competitions.

Enclosure

E-mail address for confirmation of registration for the FIFA Medical Network Conference 2009 – Zurich, 17-18 October 2009

If this is no longer the main e-mail address for your association, please send us a fax (+41 (0)43 222 7878) with the new address **by no later than 24 July 2009**.

Member association	E-mail address for registration	Confirmation / New address
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Albania	fshf@fshf.org.al	
American Samoa	ffas@blueskynet.as	
Anguilla	axafa@yahoo.com	
Antigua and Barbuda	abfa@candw.ag	
Armenia	ffarm@arminco.com	
Aruba	avbaruba@gmail.com	
Australia	info@footballaustralia.com.au	
Azerbaijan	info@affa.az	
Bahamas	lehaven@bahamas.net.bs	
Bahrain	bhrfa@batelco.com.bh	
Bangladesh	bffbd@citechco.net	
Barbados	bdosfootball@caribsurf.com	
Belarus	info@bff.by	
Belize	belizefootball@gmail.com	
Bermuda	dsabir@bermudafootball.com	
Bhutan	bff@druknet.net.bt	
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Brunei Darussalam	bruneifasg@yahoo.com	
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