**11 PLAYERS, 11 MESSAGES, ONE GOAL**

The "11 against Ebola" campaign brings together football stars and doctors from around the world in the fight against Ebola. Share these 11 messages to help reduce the chances of Ebola spreading in your community. Together, we can beat Ebola.

This is a joint campaign from the world governing body of football FIFA, the World Bank Group, the national football associations of Sierra Leone, Liberia and Guinea and doctors from Africa.

**REPORT UNUSUAL ILLNESSES**

Please report any unusual illnesses or deaths in your community.

**KNOW THE SYMPTOMS**

Do you have a fever with a loss of appetite, headache, fatigue, pain, vomiting, bleeding or diarrhoea? Know the symptoms of Ebola.

**SEEK IMMEDIATE MEDICAL HELP**

Please seek urgent medical help if you have a fever with additional symptoms.

**AVOID BODY CONTACT**

Avoid direct, skin and body contact with anyone suffering from Ebola.

**WASH YOUR HANDS AND DISINFECT**

Wash your hands regularly and disinfect anything touched by suspected or confirmed Ebola sufferers.

**WEAR PROPER PROTECTION**

Wear gloves and proper protective clothing if you are caring for an Ebola sufferer, and get the right instruction for the use of protective clothing.

**COOK MEAT PROPERLY**

Cook all meat and animal products thoroughly before consumption.

**ALWAYS PRACTISE SAFE SEX**

Use protection if you are having sex with anyone recovering from Ebola.

**AVOID CONTACT WITH WILD ANIMALS AND BATS**

Wild animals and bats can carry the Ebola virus. Avoid them.

**DO NOT TOUCH THE DEAD**

Avoid direct contact with dead Ebola victims or anyone who has died from a strange disease.

**SEEK HELP FOR SAFE BURIALS**

Please seek help from local authorities to bury any victims of Ebola or strange diseases.

**TOGETHER, WE CAN BEAT EBOLA.**