To the members of FIFA

Circular no. 1178

Zurich, February 2009
SG/jdv/ank

FIFA Anti-Doping Regulations

Dear Sir or Madam,

We are pleased to enclose a copy of the preliminary FIFA Anti-Doping Regulations for your attention. Please note that this version does not yet include appendices D and E. These will be included in the final version of the FIFA Anti-Doping Regulations that you will receive in March/April 2009.

These FIFA Anti-Doping Regulations include the amendments required to comply with the new World Anti-Doping Code 2009. We would like to draw your attention to the following changes in particular:

- The new FIFA Anti-Doping Unit comprises the FIFA medical and disciplinary staff responsible for all anti-doping matters. However, the FIFA medical office remains the primary contact for all medical matters.
- The regulations now clearly indicate the sanctions to be taken in the case of anti-doping rule violations.
- Appendix B includes the new WADA Prohibited List 2009.
- Appendix D will define the FIFA Registered Testing Pool and the relevant whereabouts requirements.
- Appendix E will describe the FIFA testing procedure, including out-of-competition testing of individuals. It will contain new provisions for the minimum required urine volume and specific weight.

Please also find enclosed the FIFA TUE Policy, which is valid from January 2009. This policy includes the changes required to comply with WADA’s new International Standard for Therapeutic Use Exemptions (TUEs), which is valid from 1 January 2009. Once again, we would like to draw your attention to the following changes in particular:

- There will be no more abbreviated TUEs (ATUEs). Non-systemic use of glucocorticosteroids has only to be declared on Doping Control Form 0-1 at the time of testing, and may be declared via the Anti-Doping Administration & Management System (ADAMS) or by sending a Declaration of Use form to the FIFA Anti-Doping Unit. Use of inhaled glucocorticosteroids must be declared on the Declaration of Use form for the TUEs required by asthma sufferers.
- The use of beta-2-agonists by inhalation for the treatment of asthma requires a TUE application corresponding to the previous standard TUE application.
- Existing ATUEs for asthma will be valid until 31 December 2009.
- Players within the FIFA testing pools (appendix D of the FIFA Anti-Doping Regulations) who are participating in FIFA competitions require a TUE issued by FIFA or one of the six confederations recognised by FIFA. A TUE issued by a National Anti-Doping Organisation (NADO) will only be accepted if it complies with FIFA requirements.

Please note that this summary of the most important points is in no way sufficient to ensure full understanding of the new regulations, The FIFA Medical Committee advises all member associations to take careful note of these new FIFA Anti-Doping Regulations and to acquaint themselves with the stipulations in order to avoid any misunderstanding.

We thank you for your support in the fight against drug abuse in football.

Yours faithfully,
FÉDÉRATION INTERNATIONALE
DE FOOTBALL ASSOCIATION

Jérôme Valcke
Secretary General

Encl: One copy of the preliminary FIFA Anti-Doping Regulations

Cc:
- Executive Committee
- Medical Committee
- Confederations
- WADA